## New Beginnings:

Hitting the reset button



Thank you for your support of Intentional Instruction and thank you for being a part of the "I-Team". As a token of my appreciation I have created this free reset journal designed just for you. Feel free to download this document and make as many copies as needed. I am hopeful that you will find this resource useful.

Sincerely, Dr. S.P. Brown

## My Plan of Action





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How am I working on improving in this area?






what do I need to do to make it happen:					



## Taking Action Write a self-reflection that includes plans for moving forward with your goal.







